

AK Glazed Blueberry Cake Donut (6/2018)

Nutrition Facts	
Serving Size 1 donut (99.00g/3.5oz)	
Amount Per Serving	
Calories 510	Calories from Fat 280
% Daily Value*	
Total Fat 31g	48%
Saturated Fat 16g	79%
Trans Fat 0g	
Cholesterol 15mg	6%
Sodium 380mg	16%
Total Carbohydrate 54g	18%
Dietary Fiber less than 1g	4%
Sugars 34g	
Protein 4g	
Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 6%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65 g 80 g
Saturated Fat	Less than 20 g 25 g
Cholesterol	Less than 300 mg 300 mg
Sodium	Less than 2,400 mg 2,400 mg
Total Carbohydrate	300 g 375 g
Dietary Fiber	25 g 30 g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Ingredients: Donut: Enriched Wheat Flour (flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), Sugar, Soybean Oil, Soy Flour, Contains 2% or Less of: Canola Oil, Cellulose Gum, Citric Acid, Dried Blueberries, Egg Yolks, Enzymes, Glucono Delta-Lactone, Guar Gum, Leavening (Baking Soda, Sodium Acid Pyrophosphate, Sodium Aluminum Phosphate), Mono- and Diglycerides, Natural and Artificial Flavor, Nonfat Milk, Propylene Glycol Esters of Fatty Acids, Red 40, Salt, Sodium Stearoyl Lactylate, Soy Lecithin, Wheat Starch, Whey, **Glaze:** Water, Sugar, Cornstarch, Sugar, Dextrose, Agar, Locust Bean Gum, Water, Propylene Glycol, Natural & Artificial Flavors & Caramel Color, **Shortening:** Palm Oil.

Contains: Wheat, Milk, Egg, Soy

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